

CHILDREN AND BABIES

<p>The Buddy Program</p> <p>Phone: (970) 920-2130</p>	<p>For 40 years, the Buddy Program has been serving youth in the Roaring Fork Valley community. The Buddy Program runs five programs throughout the Roaring Fork Valley, including one-on-one mentoring, group/experiential mentoring, and financial literacy education. Pairs in our Community Program stay together for 4.4 years, over twice that of national mentoring programs. Program evaluations demonstrate that the Buddy Program has helped our Little Buddies in areas of self-esteem, decision making, academics and relationships with friends and family.</p>
<p>Family Visitor Program</p> <p>(970) 945-1234</p>	<p>Family Visitor Programs - Babies begin learning at birth and the 1st three years are the most crucial. We provide support, encouragement, and education for new parents by recognizing their strengths and sharing information during home visits. By building confidence, reducing stress, and maximizing the joys of being parents, our programs help parents and children grow together.</p> <p>Families living in the Aspen to Parachute region of Colorado can enroll in one of four different home visitation programs: Bright Beginnings, Partners for a Healthy Baby, Nurse-Family Partnership or Healthy Families America.</p>
<p>River Bridge Regional Center</p> <p>Phone: (970) 945-5195</p>	<p>River Bridge Regional Center is a nationally-accredited nonprofit child advocacy center, utilizing a child-centered, multidisciplinary approach to the prevention, assessment, treatment, and investigation of child abuse.</p> <p>Within our warm, child-friendly environment, we provide hope and healing to neglected and abused children and their families through treatment, advocacy, and investigation services.</p>
<p>Roaring Fork Family Resource Centers</p> <p>Phone: (970) 384-5694</p>	<p>The Family Resource Center removes barriers to student learning by connecting students, who are having difficulty in school due to health, family or social problems, with community resources. We provide case management, translation, transportation and financial assistance for needs, including:</p> <ul style="list-style-type: none"> ○ Food, clothing, rent and utilities ○ Physicians, dentists, eye care and mental health services ○ Tutoring, recreational and enrichment activities ○ Parenting classes, child care and after school activities ○ Self-sufficiency and goal setting
<p>Roaring Fork School Health Centers (RFSHC), in partnership with Rocky Mountain Youth Clinics (RMYC)</p> <p>Contact your local school</p>	<p>RFSHC provides accessible and affordable preventive and primary health care, behavioral health services and education to the students of the Basalt Schools, thereby creating a healthy educational environment in which to learn and succeed. Partnership funding from HCF provides operating support to accomplish program goals as indicated in our report.</p>

<p>YouthZone</p> <p>Phone: (970) 945-9300</p>	<p>YouthZone’s services include: youth assessment, parent support, individual and family counseling, Restorative Justice, court programs, mentoring, education workshops, public policy and resource advocacy, and more.</p> <p>Why you might consider calling YouthZone...as a Parent/Adult</p> <ul style="list-style-type: none"> ○ You have a question or concern about a young person ○ You and your child are involved in the legal system ○ You want to help strengthen your family ○ You’d like to get involved with helping young people ○ You’re looking for tips on getting your child to participate more with your family ○ You suspect a young person is using drugs or alcohol <p>Why you might consider calling YouthZone... as a Young Person</p> <ul style="list-style-type: none"> ○ You are having problems ○ You want to help a friend who is having problems ○ You would like to get involved in the community ○ You know someone who talks about hurting themselves or other people ○ You are concerned about your or a friend’s drug or alcohol use ○ You sometimes feel depressed or are in an extended “slump” ○ You feel like you just can’t connect with your family
<p>ADULTS</p>	
<p>Advocate Safehouse</p> <p>(970) 945-4439 (970) 285-0209</p>	<p>Advocate Safehouse Project provides the following comprehensive and confidential services:</p> <ul style="list-style-type: none"> ○ 24-Hour Help Line - Offers crisis intervention, client education, emotional support, advocacy, information and referrals by telephone or person, 365 days a year. ○ Safehouse Program – Provides emergency shelter for survivors in danger with crisis intervention, client education, safety planning, individual and group counseling, advocacy, case management, and information/referrals. ○ Outreach Program – Provides crisis intervention, client education, safety planning, individual and group counseling, advocacy, case management, and information/referrals for survivors residing in the community. ○ Latina Outreach Program - Provides crisis intervention, client education, safety planning, individual and group counseling, advocacy, case management, and information/referrals to Latina survivors of domestic and/or sexual violence. ○ Community Awareness and Education Program – Provides opportunities to inform and educate members of the community on the development of healthy relationships to prevent domestic and/or sexual violence. ○ • Volunteer Advocate Program - Provides ASP and the community with support for the 24-Hour Help Line with volunteer advocates. Volunteer advocates receive 30+ hours of training.
<p>RESPONSE</p> <p>(970) 925-7233</p>	<p>RESPONSE works to help victims of domestic violence and sexual assault. Our services, many of which are provided by our expertly-trained volunteers, are crucial to the well-being and safety of our community.</p> <p>All services are complimentary, completely confidential and non-judgmental.</p>

	<ul style="list-style-type: none"> ○ Dedicated Advocates ○ 24-Hour Help-Line ○ Shelter ○ Medical Advocacy ○ Court Advocacy ○ Supportive Counseling & Advocacy ○ Individual Counseling & Therapy ○ Support Groups
FINANCIAL ASSISTANCE	
<p>Aspen Community Foundation</p> <p>(970) 925-9300</p>	<p><u>Mental Health Program</u></p> <p>The Mental Health Financial Aid Program addresses concerns about the safety and security of individuals and families who find themselves in mental health or substance abuse crisis and who cannot afford to pay for treatment.</p> <p>Criteria:</p> <ul style="list-style-type: none"> ● Patient must reside in the area from Aspen to Parachute and be referred by a local nonprofit organization, agency or private practitioner. ● Funding will support individuals needing mental health services or substance abuse treatment immediately pre- and post-crisis (e.g. after suicide attempt, breakdown, detox stay or someone in danger of these things). ● Funding may cover private therapy, group therapy and psychiatric assessment. ● Patient is uninsured, underinsured or has serious financial challenges. ● The maximum allowable grant is \$2,000 per individual per year; special circumstances may be considered.
<p>Aspen Strong Foundation</p> <p>info@aspenstrong.org</p>	<p>The Aspen Strong Foundation is a financial resource center supporting mental health. Currently, funds raised through local fundraising events and sponsorship support the Mental Health Fund to subsidize patients' mental health services. Our future goal is to create a source of funding to additionally support professional development, education, and prevention.</p>
<p>Catholic Charities</p> <p>(970) 384-2060</p>	<p>Catholic Charities of the Western slope serves the needy of Eagle, Garfield and Pitkin counties:</p> <ul style="list-style-type: none"> ● families with young children ● single mothers ● the disabled ● veterans and seniors ● individuals and those battling financial hardship <p>Catholic Charities can provide several forms of financial assistance:</p> <ul style="list-style-type: none"> ● Eviction prevention

	<ul style="list-style-type: none"> • Utilities shut-off prevention • Medical prescriptions • Dental emergencies • Transportation assistance • Referrals and general information about available services throughout the area.
<p>River Center Life Assistance</p> <p>New Castle: (970) 984-4333</p>	<p>The River Center Life Assistance Outreach Team helps individuals and families in times of crisis. As people come to us or as we hear of those in trouble, we address these needs as a team. We facilitate the provision of grocery cards, clothing, gas vouchers, RFTA bus vouchers, temporary housing, rental assistance, utility assistance, and non-narcotic prescription assistance.</p> <p>We also provide volunteer labor for individuals and families needing emergency home repairs. When we are unable to address an immediate need, we will work to find more information and resources to meet those needs.</p>
<p>LEGAL ASSISTANCE</p>	
<p>Alpine Legal Services</p> <p>Glenwood Springs: (970) 945-8858 Aspen: (970) 920-3032</p>	<p>Alpine Legal Services, Inc. is a private, non-profit legal assistance agency dedicated to providing legal services in Garfield, Pitkin and western Eagle Counties for more than a quarter century.</p> <p>To learn more about specific services, click on one of the following:</p> <ul style="list-style-type: none"> ○ Domestic Violence ○ Elder Law ○ Family Law ○ Housing ○ Legal Education ○ Ombudsman ○ Youth Representation
<p>PHYSICAL AND MENTAL HEALTH</p>	
<p>The Aspen Hope Center</p> <p>Phone: (970) 925-5858</p>	<p>The Aspen Hope Center provides a specific array of services that were designed to decrease the stress of navigating the convoluted system of mental health and most importantly, to tighten the reins on the gaps found in the services provided in the valley.</p>

<p>Community Health Services, Inc.</p> <p>Phone: (970) 920-5420</p>	<p>Community Health Services, Inc.(CHS) is a private non-profit organization that contracts with the Colorado Department of Public Health and Environment, Pitkin County and the City of Aspen to provide public health services to the residents, employees and visitors to Pitkin County.</p> <p>CHS offers preventative health programs such as:</p> <ul style="list-style-type: none"> ○ Child, adult and travel immunizations ○ Women’s health screenings ○ HIV and sexually transmitted disease testing ○ Communicable disease surveillance ○ Public health emergency preparedness and community outreach
<p>Mind Springs Health</p> <p>Phone: (970) 925-5555</p>	<p>Care and counseling for yourself or others with:</p> <ul style="list-style-type: none"> ○ Depression, anxiety, stress and/or adjustment issues ○ Trauma and Post-traumatic stress disorder ○ Attention deficit & hyperactivity and other childhood disorders ○ Substance abuse and addiction ○ Persistent mental illnesses, including schizophrenia, bipolar disorder, mood disorders ○ Thoughts of suicide, suicide prevention
<p>Mountain Family Health Centers</p> <p>Phone: (970) 945-2840</p>	<p>Mountain Family Health Center’s Board Certified family practice physicians, physician assistants, and family nurse practitioners, offer the following services for you:</p> <ul style="list-style-type: none"> ○ Acute Care – Cough, Flu, Illness ○ General Primary Care Services (Screenings, Labs, Vaccines, Minor Outpatient Surgeries) ○ Chronic Illness Care (Diabetes, High Blood Pressure, High Cholesterol, Obesity) ○ Internal Medicine (Complex adult illnesses) ○ Communicable Diseases Screening and Treatment ○ Orthopedic Services (Evaluations, Splinting, Casting, Joint Injections) ○ Minor surgery (Simple Laceration Repair) ○ Well Child Services and Physicals ○ Adult Preventive Care Services ○ Cancer screening ○ Women’s Health ○ Men’s Health ○ Family planning (No Scapel Vasectomy, Birth Control) ○ Mental Health Services ○ Dental Services in Rifle ○ Prenatal and OB Services in Edwards, CO ○ Care Coordination

[The Neighborhood Clinic at Woody Creek](#)

Phone: (970) 923-9954

The mission of The Neighborhood Clinic is to promote the well being of individuals in the Roaring Fork Valley by providing free health assessments, education, vitals and referrals. The Neighborhood Clinic connects community members in need of health services with expert medical providers in an informal, supportive atmosphere.

SUBSTANCE ABUSE

[A Way Out](#)

Contact: director@awayout.org

A Way Out is a non-profit organization based in the Western Slope of Colorado that provides counseling referrals, addiction assessments, solution oriented programs, and financial aid to motivated alcoholics, addicts and their families. A Way Out's focus is to support primarily those in the Roaring Fork Valley who are unable to secure an appropriate level of care to overcome their addiction(s).